

Need to talk?

**Access free and
confidential support**

**Talk in confidence with one of our
counsellors or specialists.**

Debt Service:

Mon–Fri 8am–8pm; Sat 9am–3pm

Health & Wellbeing Service:

Mon–Fri 8am–8pm

For training and compliance purposes, calls to HealthHero Assist may be monitored or recorded.

Download My HealthHero app for
support on the go:



OR

Access the web app:

<https://my.healthhero.com>

Activation code:

Registration code: